

AKAL UNIVERSITY

TALWANDI SABO

(Estd. under Punjab State Act No. 25 of 2015)



Syllabi

For

M. A. (Hons.) in Psychology

(2023-2025)

DEPARTMENT OF PSYCHOLOGY

FACULTY OF SOCIAL SCIENCES

M.A. (Hons.) Psychology Course Structure

| Semester | Core Course (CC) of 5 credits each | Discipline Specific Elective Course (DSE) of 5 credits each | Practical (Each of 4 Credits) | Total Credits |
|----------------------|------------------------------------|--|-------------------------------|---------------|
| Sem-I | CC-1 CC-2 CC-3 CC-4 | --- | Practicum – I | 24 |
| Sem-II | CC-5 CC-6 CC-7 CC-8 | --- | Practicum - II | 24 |
| Sem-III | CC-9 CC-10 | DSE-1, DSE-2, DSE-3, DSE-4 and DSE-5 Any two of these. | Practicum -III | 24 |
| Sem-IV | CC-11 CC-12 | DSE-6, DSE-7, DSE-8, DSE-9 and DSE-10 Any two of these. | Practicum-IV | 24/27* |
| Total Credits | 60 | 20 | 16 | 96 |

* In Sem-IV credits rounds up to 27 when Dissertation is opted, as it is of 10 credits.

List of Courses in M.A. (Hons.) Psychology

Core Courses (CC)

| Sr. No. | Core Course (CC) of 5 Credits each |
|---------|------------------------------------|
| CC1 | Theories and Systems of Psychology |
| CC2 | Social Psychology – I |
| CC3 | Experimental Psychology |
| CC4 | Research Methodology |
| CC5 | Physiological Psychology |
| CC6 | Social Psychology – II |
| CC7 | Cognitive Psychology |
| CC8 | Statistics |

CC9 Personality Theories CC10 Psychometrics

CC11 Personality Assessment CC12 Experimental Psychology

Discipline Specific Elective Courses (DSE)

| Sr. No. | Discipline Specific Elective Course (DSE) of 5 Credits each |
|---------|---|
| DSE1 | Clinical Psychology |
| DSE 2 | Cyber Psychology |
| DSE 3 | Health Psychology |
| DSE4 | Industrial Psychology |
| DSE5 | Psychology of Adolescence |
| DSE6 | Life-span Development |
| DSE7 | Organisational Behaviour |
| DSE8 | Counselling Psychology |
| DSE9 | Sports Psychology |
| DSE10 | Dissertation |

SEMESTER: I
SCHEME OF TEACHING & EXAMINATION

| NATURE OF COURSE | COURSE CODE | COURSE NAME/TITLE | (HRS. PER WEEK) | | | CREDITS | MARKS | | | TOTAL |
|------------------|-------------|------------------------------------|-----------------|----------|----------|-----------|-----------|-----------|------------|------------|
| | | | L | T | P | | INT | MCQ | TH | |
| Core | PSY06C101 | Theories and Systems of Psychology | 4 | 1 | 0 | 5 | 20 | 20 | 60 | 100 |
| Core | PSY06C102 | Social Psychology - I | 4 | 1 | 0 | 5 | 20 | 20 | 60 | 100 |
| Core | PSY06C103 | Experimental Psychology | 4 | 1 | 0 | 5 | 20 | 20 | 60 | 100 |
| Core | PSY06C104 | Research Methodology | 4 | 1 | 0 | 5 | 20 | 20 | 60 | 100 |
| | PSY06L101 | Practicum -I | 0 | 0 | 8 | 4 | - | - | 50 | 50 |
| | | TOTAL | 16 | 4 | 8 | 24 | 80 | 80 | 290 | 450 |

Abbreviations; L-Lecture, T-Tutorial, P-Practical, INT-Internal, MCQ-Multiple Choice Questions, TH-Theory

SEMESTER: II
SCHEME OF TEACHING & EXAMINATION

| NATURE OF COURSE | COURSE CODE | COURSE NAME/TITLE | (HRS. PER WEEK) | | | CREDITS | MARKS | | | TOTAL |
|------------------|-------------|--------------------------|-----------------|----------|----------|-----------|-----------|-----------|------------|------------|
| | | | L | T | P | | INT | MCQ | TH | |
| Core | PSY06C201 | Physiological Psychology | 4 | 1 | 0 | 5 | 20 | 20 | 60 | 100 |
| Core | PSY06C202 | Social Psychology - II | 4 | 1 | 0 | 5 | 20 | 20 | 60 | 100 |
| Core | PSY06C203 | Cognitive Psychology | 4 | 1 | 0 | 5 | 20 | 20 | 60 | 100 |
| Core | PSY06C204 | Statistics | 4 | 1 | 0 | 5 | 20 | 20 | 60 | 100 |
| | PSY06L201 | Practicum-II | 0 | 0 | 8 | 4 | - | - | 50 | 50 |
| | | TOTAL | 16 | 4 | 8 | 24 | 80 | 80 | 290 | 450 |

Abbreviations; L-Lecture, T-Tutorial, P-Practical, INT-Internal, MCQ-Multiple Choice Questions, TH-Theory

SEMESTER: III
SCHEME OF TEACHING & EXAMINATION

| NATURE OF COURSE | COURSE CODE | COURSE NAME/TITLE | (HRS. PER WEEK) | | | CREDITS | MARKS | | | TOTAL |
|------------------|-------------|----------------------|-----------------|----------|----------|-----------|-----------|-----------|------------|------------|
| | | | L | T | P | | INT | MCQ | TH | |
| Core | PSY06C301 | Personality Theories | 4 | 1 | 0 | 5 | 20 | 20 | 60 | 100 |
| Core | PSY06C302 | Psychometrics | 4 | 1 | 0 | 5 | 20 | 20 | 60 | 100 |
| DSE | PSY06E301 | Clinical Psychology | 4 | 1 | 0 | 5 | 20 | 20 | 60 | 100 |
| DSE | PSY06E303 | Health Psychology | 4 | 1 | 0 | 5 | 20 | 20 | 60 | 100 |
| | PSY06L301 | Practicum -III | 0 | 0 | 8 | 4 | | | 50 | 50 |
| | | TOTAL | 16 | 4 | 8 | 24 | 80 | 80 | 290 | 450 |

Abbreviations; L-Lecture, T-Tutorial, P-Practical, INT-Internal, MCQ-Multiple Choice Questions, TH-Theory

Discipline specific Elective (DSE): Students can opt any two

1. Clinical Psychology (PSY06E301)
2. Cyber Psychology (PSY06E302)
3. Health Psychology (PSY06E303)
4. Industrial Psychology (PSY06E304)
5. Psychology of Adolescence (PSY06E305)

SEMESTER: IV
SCHEME OF TEACHING & EXAMINATION

| NATURE OF COURSE | COURSE CODE | COURSE NAME/TITLE | (HRS. PER WEEK) | | | CREDITS | MARKS | | | Total |
|------------------|-------------|------------------------------------|-----------------|----------|----------|-----------|-----------|-----------|------------|------------|
| | | | L | T | P | | INT | MCQ | TH | |
| CORE | PSY06C401 | Personality Assessment | 4 | 1 | - | 5 | 20 | 20 | 60 | 100 |
| CORE | PSY06C402 | Experimental Designs in Psychology | 4 | 1 | - | 5 | 20 | 20 | 60 | 100 |
| DSE | PSY06E404 | Counselling Psychology | 4 | 1 | - | 5 | 20 | 20 | 60 | 100 |
| DSE | PSY06D401 | Dissertation | - | - | 20 | 10 | 25 | - | 75 | 100 |
| | PSY06L401 | Practicum - IV | - | - | 4 | 2 | - | - | 50 | 50 |
| | | Total | 12 | 3 | - | 27 | 85 | 60 | 305 | 450 |

Abbreviations; L-Lecture, T-Tutorial, P-Practical, INT-Internal, MCQ-Multiple Choice Questions, TH-Theory

Discipline specific Elective (DSE): Students can opt any two

6. Life-Span Development (PSY06E401)
7. Organisational Behaviour (PSY06E403)
8. Counselling Psychology (PSY06E404)
9. Sports Psychology (PSY06E405)
- 10. Dissertation (PSY06D401)**